



NEURO-LINGUISTIC PROGRAMMING

LIFE: BY DESIGN

NOW, ARE YOU **READY?**



You are the only person who will ever have the power to change who you are. Neuro-Linguistic Programming gives you the tools to empower yourself and re-shape your life.

Now is the time for you to create the life you really want to live.

An exciting opportunity to learn online. If you have ever wanted to gain excellence and live your best life, this is the training for you.

Attain new levels of excellence in communication, leadership, emotional intelligence, coaching skills taught by world class trainers from the convenience of your own home.

Learn and practice skills to uncover the blueprint to a successful life with a small group of like-minded, high achieving course participants from around the world.

Imagine a life unchained from the patterns, repetition and choices that have stood between you and the life that you desire.

You are the only person who can create the life you want to live.

After just a few weeks you will begin to live your life with the knowledge that you have the skills to tap your potential to be your best self and live your best life.

If you want to change yourself, start by taking action.

Learn the core skills of Neuro-Linguistic Programming in this practical training program and uncover the transformative power that you can use to make an immediate impact on your life.

A handwritten signature in black ink that reads "Chris Williamson". The signature is fluid and cursive.

Chris Williamson

MOTIVATE

COMMUNITY

International Neuro-Linguistic Programming trainers, trained by the co-creator of NLP, Adrian Cahill and Chris Williamson are leaders in innovative training methodologies and advanced NLP techniques.

Inspired by the sudden and dramatic shift in learning requirements for a modern and unpredictable world, Adrian and Chris have collaborated, bringing their unique perspectives and skill sets to create a series of online NLP training programs.

Adrian and Chris bring together different sets of life and business experiences, both of which, when combined create a learning experience like no other.

Discover the difference that makes the difference.

WHO WE ARE



LEARNING ONLINE



Flexible Learning Environment

Enjoy the flexibility and comfort that comes from the online learning environment. A variety of days and times allow you to select a lesson schedule that works best for your lifestyle. Catch up options are available should you miss a scheduled session, allowing you to maintain your momentum.

Small Class Sizes

Class sizes are limited to create an intimate group and the most effective NLP learning environment. Experience the NLP journey with like minded individuals from varied backgrounds taking part in our online NLP training programs from all around the world.



ONLINE COMMUNITY

A long cable-stayed bridge stretches across a body of water under a sunset sky. The bridge's structure is silhouetted against the bright orange and yellow horizon, with its reflection visible in the calm water. The sky transitions from a deep blue at the top to a soft orange near the horizon.

Join a growing online NLP community of your fellow course participants and NLP alumni to share successes, encourage growth, and discuss questions in a friendly and supportive environment with regular contributions from the NLP trainers themselves.

As a member of this vibrant community you will have access to a pool of similar minded NLP students and practitioners, both past and present, to enhance your skills development.

Members are encouraged to explore new ideas, share experiences and assist others in their NLP journey. This is an NLP Centre for Excellence.

Accelerate your learning through the regular interactions between group members and see your NLP skills develop further, faster.

YOUR TRAINERS

Adrian Cahill
NLP Trainer



Adrian's personal coaching clients include many of the biggest brands in the world. After escaping the 9-5 on passive income, he was free to travel the world and follow his passion. This led to multiple TEDx appearances and starting MOTIVATE Shanghai which changed the expatriate social landscape in a city of 26 million people. This grew beyond Shanghai into MOTIVATE Community with workshops, speaking, training and coaching opportunities on a more global scale. It is also setting up for Alumni to start their own communities.

Chris Williamson
NLP Trainer



With an extensive background in business and leadership, founder of companies across technology, education, and marketing, in Australia, China and North America, Chris Williamson brings his experience in these roles to his training courses around the world. Drawing on extensive experience in management, training, cross-cultural communications, conflict resolution and negotiations, Chris delivers practical concepts to enhance your modern life and relationships of all types.

KEY SKILLS

Communication

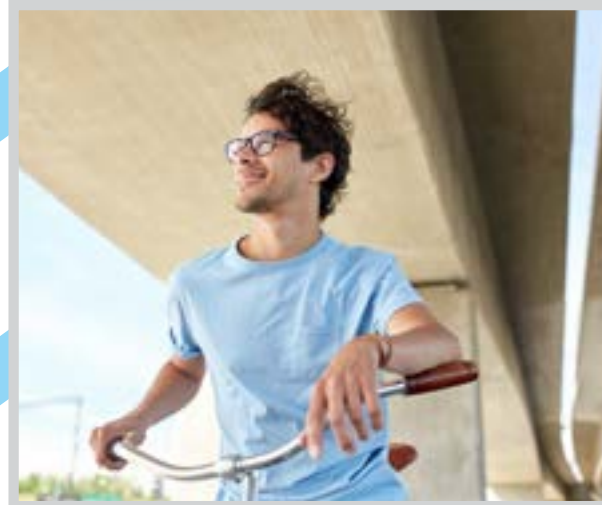
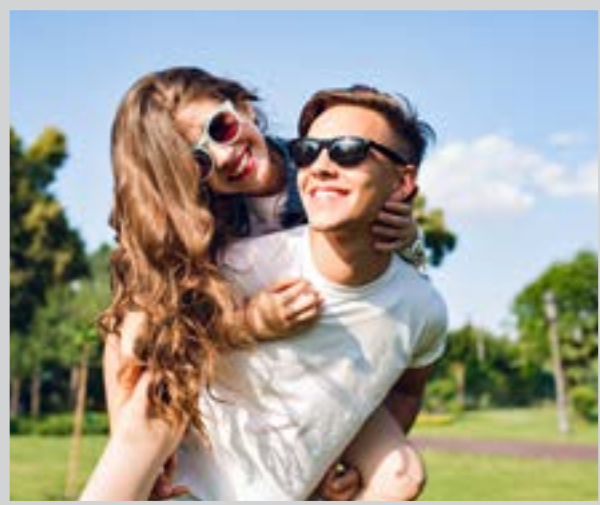
Develop a comprehensive set of skills that will take your communications, and relationships to a positive and powerful new level. Learn to identify and use specific language patterns to be more persuasive and inspiring. Become more understanding and empathetic with listening and conversational techniques not taught anywhere else in the world.

Transformation

Equip yourself with tools to become an agent of change, for yourself, and for those around you. Elevate your potential and release yourself from the limitations standing in the way of greatness. Become the difference that makes the difference for yourself and for others. Take charge of your life and become the change that you seek.

Awareness

Discover the power that follows awareness; awareness in your self and the world around you. Unravel the mystery of who you are and where you are going, and awaken the awesome power that comes with that knowledge. Propel yourself to greatness with the unrivalled insights that come from the skills of neuro-linguistic programming.



COURSE OPTIONS

Introduction to NLP

8 week course

One three hour session each week

This course covers the foundations of NLP and develops an understanding of core skills and how they can be used including:

- Suppositions of NLP
- NLP Epistemology
- Meta Programs and Filters
- Logical Levels
- Language Patterns
- Milton Model
- Meta Model
- Representational Systems
- Calibration and Rapport

NLP Practitioner

16 week course

One three hour session each week

This course includes all Introduction to NLP content and also includes all the techniques necessary to attain NLP Practitioner level.

- All content from Introduction to NLP plus
- Anchoring Techniques
- Chain of Excellence
- Simple Hypnotic Patterning
- Time Based Transformation
- Empathetic Communication
- NLP Tasking
- Submodalities
- Self Transformation

NLP Practitioner with Coaching Master

16 week course

Two three hour sessions each week

All the NLP Practitioner skills plus Coaching Mastery. Upon successful completion you will be eligible to apply for ICF Membership:

- All content from NLP Practitioner plus
- Philosophy of Coaching
- Ethical and Professional Standards
- Getting from Good to Great
- Listening with Intent
- Evoking Awareness Through Questioning
- Neuroscience of Coaching
- Facilitating Change in your Client
- The Business of Coaching

SUCCESS PATHWAYS



Step up to NLP Practitioner

Upon your successful completion of the Introduction to NLP course, you are eligible to upskill to NLP Practitioner with a stand along 8 week supplement, or to complete the entire 16 week NLP Practitioner course at a substantial discount from the standard course prices.

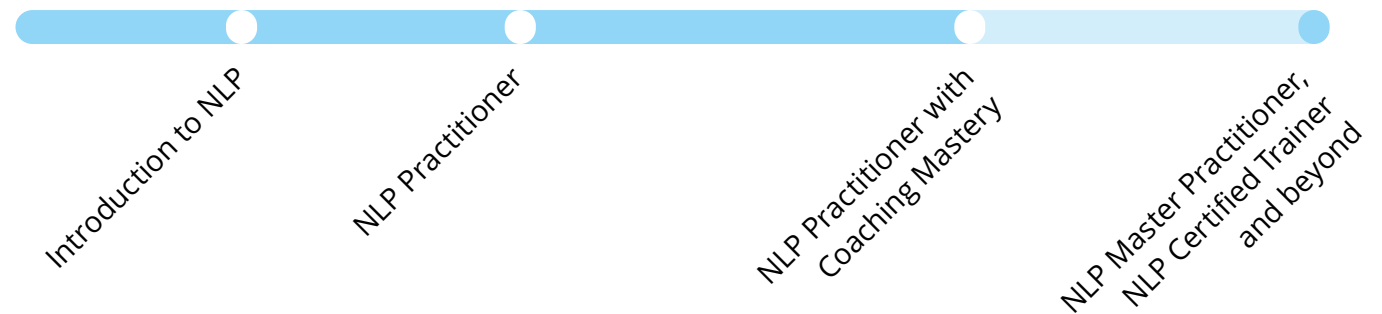
Introduction to NLP is not a prerequisite for NLP Practitioner as all content from Introduction to NLP is covered at NLP Practitioner Level.

Step up to Coaching Mastery

Having successfully completed the NLP Practitioner course you will be eligible to continue your skills development advancing to Coaching Master with a stand alone 16 week (one day per week) supplement, or to complete the entire NLP Practitioner with Coaching Mastery at a substantial discount from the standard course prices.

NLP Practitioner is not a prerequisite for NLP Practitioner with Coaching Master as all NLP Practitioner content is covered in this course.

The NLP Journey



WHY CHOOSE US



Exclusive Content

Developed and refined by trainers at the forefront of NLP and coaching, tailored for use in today's complex world and for you to take action now.

Personal Consultations

Speak with our lead trainers before commencing to discuss your learning objectives, and how to get the most from the training. Trainers are accessible to help you succeed now.

Multidisciplinary

Learn skills that can be used for personal development, leading teams, developing personal relationships, and creating personal harmony.

Accredited Trainers

Sought after trainers from Australia, with extensive experience teaching and presenting in across Asia, Australia, and North America.

Modern Insights

Learn how to leverage the changing landscape of personal and corporate communication, and the use of instant messaging and video conferencing to your advantage.

Future Pathways

Train with us and take advantage of future advanced training at higher levels of NLP or trainings in specific areas of coaching and communication.

WHAT OUR GRADUATES SAY



Such a great opportunity to develop myself even further as a coach and influencer. As a holistic coach, the training helped me be even more flexible and skillful creating faster and deeper transformation for myself and my clients.

- Michelle Pein, Holistic Life & Empowerment Coach



Easily the best investment I have made in myself AND my business. This took me to a level of success I could have only dreamed about. If you're serious about taking yourself to the next level, this investment is an absolute must!

- Ben Baldieri, Entrepreneur



I'm very aware of what I do with my money and I'm so happy I invested in this training. My training with Chris and Adrian has been outstanding! I know every dollar invested in this training is having an immediate return and is hugely magnified in the mid to long term.

- Lachlan Dalby, Business Owner



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