

## **NLP Introduction Course**

(Only the first 8 weeks, taster of NLP)

Completing 8 sessions of the NLP Program.

Minimum time commitment 20 hours.

Certificate of Attendance.

## **NLP Practitioner Short Course**

(Just attending without extra)

Completing 16 sessions of the NLP Program.

Completing optional classes, coaching practice groups, member lead sessions.

Minimum time commitment 40 hours.

Certificate of Attendance.

## **NLP Practitioner Full Certification Process**

(Most popular pathway)

Completing 18 sessions of the NLP Program. 16 + minimum 2 bonus sessions.

Completing optional classes, coaching practice groups, member lead sessions.

Deliberate Practice Journal with at least 32 entries.

Minimum time commitment 80 hours.

NLP Practitioner Certificate.